






SCHOOL HOLIDAY PROGRAM
LIMITED TO 6 CHILDREN PER GROUP



THESE SCHOOL HOLIDAYS GIVE YOUR CHILD A SPACE TO GROW, CONNECT, AND RECHARGE.

Our 3-hour small-group indoor/outdoor sessions are designed for children aged 5–12, with groups formed based on developmental stage rather than just age—so every activity meets your child exactly where they are.

-  Movement & breathwork for body and mind
-  Emotional regulation & self-growth activities
-  Take-home resources to keep the learning going
-  Designed for kids who feel “too much” or “not enough”
-  **Sunbury Location**

With only 6 places per group, we can create a truly supportive, personalised experience where your child feels seen, understood, and encouraged.

GROWEMPOWERTRANSFORM
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